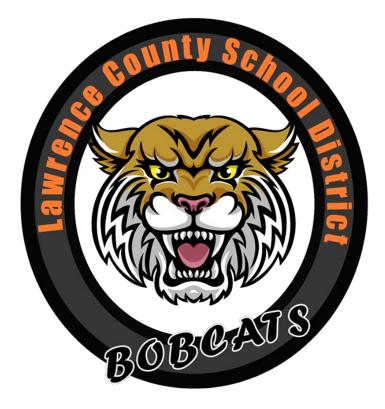
# Lawrence County School District Comprehensive Guidance Program



# WALNUT RIDGE ELEMENTARY SCHOOLK-6WALNUT RIDGE HIGH SCHOOL7-12

## 2022-23

(revised June, 2022)

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# I. FOUNDATION

## Lawrence County School District Mission Statement

It is the mission of the Lawrence County Schools to develop the ability of all students by motivating, challenging, and fostering independent learning. To accomplish this mission, the Lawrence County School District will ensure a positive educational environment that enhances learning, fosters growth, and provides opportunities for all students and faculty to exceed and excel beyond the educational setting.

## **LCSD Comprehensive Guidance Team**

| Cun anim dan dan d               | Tours Dalahan         | 870-886-6634   |
|----------------------------------|-----------------------|--|
| Superintendent                   | <b>Terry Belcher</b>  | 870-880-0034<br><u>terry.belcher@bobcats.k12.ar.us</u> |
|                                  |                       |  |
| Elementary Principal             | LeaAndra Foster       | 870-886-3482   |
|                                  |                       | leaandra.foster@bobcats.k12.ar.us                      |
| <b>Elementary Counselor</b>      | Penny Sloan           | 870-886-3482, Ext. 2019                                |
| Liementary Counselor             | (Grades K-4)          | penny.sloan@bobcats.k12.ar.us                          |
|                                  | ()                    | <u> </u>   |
| Asst.PrincMiddle School          | <b>Jason Belcher</b>  | 870-886-6697   |
|                                  |                       | jason.belcher@bobcats.k12.ar.us                        |
| Mid-level Counselor              | Jennifer Roark        | 870-886-6697, Ext. 4012                                |
| Wild-level Couliscion            | (Grades 5-8)          | Jennifer.roark@bobcats.k12.ar.us                       |
|                                  | (Grades 5-6)          | Jenmer.roark@bobcats.kiz.ar.us                         |
| High School Principal            | Jacob Kersey          | 870-886-6623   |
|                                  |                       | jacob.kersey@bobcats.k12.ar.us                         |
|                                  |                       |  |
| High School Counselor            | <b>Debbie Findley</b> | 870-886-6623, Ext. 5003                                |
|                                  | (Grades 9-12)         | <u>debbie.findley@bobcats.k12.ar.us</u>                |
| District Nurse                   | Stephanie Nichols     | 870-886-6623, Ext. 1029                                |
| District Ivui se                 | Stephanic Menois      | stephanie.nichols@bobcats.k12.ar.us                    |
|                                  |                       | stephantentenois(@,bobettis:R12.41.415                 |
| District eSchool Coord.          | Brenda Alls           | 870-886-6623, Ext. 5002                                |
|                                  |                       | brenda.alls@bobcats.k12.ar.us                          |
|                                  |                       |  |
| District 504 Coord.              | Amy Privett           | 870-886-6697, Ext. 8105                                |
|                                  |                       | amy.privett@bobcats.k12.ar.us                          |
| SpEd LEA Designee                | Cynthia Brewer        | 501-658-3329   |
| Sped LEA Designee                | Cyntina Drewei        | <u>cbrewer@sloan-hendrix.com</u>                       |
|                                  |                       | corewer (u/stour renurra.com                           |
| Career Coach                     | Abby Tyler            | 870-886-6623, Ext. 5103                                |
|                                  | (Grades 8-12)         | abby.tyler@bobcats.k12.ar.us                           |
|                                  |                       |  |
| <b>District Test Coordinator</b> | Mary Smith            | 870-886-6623, Ext. 5022                                |
|                                  |                       | <u>mary.smith@bobcats.k12.ar.us</u>                    |

## **LCSD Counseling Belief Statements**

- All students will have equal access to the school counseling program.
- All students can learn, achieve, and succeed.
- All students have worth and should be treated with love and respect.
- All students' needs and differences are considered when developing the school counseling program.
- The school counselors will abide by the ASCA Code of Ethics.
- The counselor will advocate for every student to help eliminate barriers that restrict learning in the classroom.
- The school counselor will provide availability to all students to discuss academic, social, and personal issues.
- The school counselor will help parents to play an integral role in their child's education.
- The school counselor will participate in ongoing staff development at the local, district, state, and/or national level.

## **LCSD** Counseling Vision Statement

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Through the LCSD comprehensive school guidance program, counselors will strive to engage all students in the learning process while helping to provide a safe, caring, and inclusive environment. School counselors at all grade levels will help students to reach their maximum educational potential by providing academic, career, and social-emotional support and services.

## **LCSD** Counseling Mission Statement

The LCSD Counseling mission statement provides the counseling program with the motivation to attain the vision. We focus directly on all students' success by fostering their growth academically, vocationally, and socially. The school counselors associate the vision of the counseling program and school to help students reach their maximum potential. Our counselors are committed to advocating for all students now and in the future. We strive to provide students the opportunity to excel, to work with the community to find resources that help students prosper, and to provide students the skills they need to become valuable members of society.

## **LCSD** Comprehensive Counseling Program Goals

Goal 1: Due to the impact of COVID, counselors in the Lawrence County School District will continue to work collaboratively with other school personnel to improve the attendance rate for Walnut Ridge Elementary (K-6) and Walnut Ridge High School (7-12) by 1% in the 2022-23 school year by addressing Student Engagement and Chronic Absenteeism in the ESSA Index, while at the same time working to increase the School Quality & Student Success Rate by one (1) point at each building.

Rationale: By looking at data in the School Report Card over the last three years by building and by evaluating the effects of COVID on our attendance rate, it is clear that chronic absenteeism has become a bigger issue in the last few years. Prior to 2018, the attendance rate at Walnut Ridge High School hovered at or above 95%.

By examining the ESSA Index and especially the School Quality & Student Success Rate (SQSSR) and the Student Engagement piece which addresses chronic absenteeism at each level, LCSD counselors have seen some improvement in the last two years and believe they can work to impact this student success factor even more with targeted interventions. The SQSSR indicators measure engagement (attendance) as part of overall school quality. (See Table 2 below)

## TABLE 1

### **ATTENDANCE RATE**

### WALNUT RIDGE ELEMENTARY

| DEMOGRAPHIC  | 2018-19 | 2019-20 | 2020-21 |
|--------------|---------|---------|---------|
| ALL STUDENTS | 94.33   | 94.76   | 93.71   |

### **ATTENDANCE RATE**

### WALNUT RIDGE HIGH SCHOOL

| DEMOGRAPHIC  | 2018-19 | 2019-20 | 2020-21 |
|--------------|---------|---------|---------|
| ALL STUDENTS | 92.00   | 92.6    | 93.71   |

TABLE 2

### ESSA INDEX/SCHOOL QUALITY & STUDENT SUCCESS RATE (SQSSR)/STUDENT ENGAGEMENT

### WALNUT RIDGE ELEMENTARY SCHOOL

|                       | 2018-19 | 2019-20 | 2020-21 |
|-----------------------|---------|---------|---------|
| OVERALL ESSA<br>INDEX | 66.99   | COVID   | 60.07   |
| SQSSR                 | 52.48   | N/A     | 49.00   |
| STUDENT<br>ENGAGEMENT | 69.11   | N/A     | 69.33   |

## ESSA INDEX/SCHOOL QUALITY & STUDENT SUCCESS RATE (SQSSR)/STUDENT ENGAGEMENT

### WALNUT RIDGE HIGH SCHOOL

|                       | 2018-19 | 2019-20 | 2020-21 |
|-----------------------|---------|---------|---------|
| OVERALL ESSA<br>INDEX | 69.51   | COVID   | 64.8    |
| SQSSR                 | 51.4    | N/A     | 55.97   |
| STUDENT<br>ENGAGEMENT | 59.94   | N/A     | 68.91   |

LCSD counselors will focus on the ASCA Mindsets & Behaviors for Student Success to achieve this goal, utilizing Guide to Life lessons and materials:

- Mindset Standard 1.3 Sense of belonging in the school environment
- Mindset Standard 1.6 Positive attitude toward work and learning
- Behavior Standard 2.1 Self-Management Skill-Demonstrate ability to assume responsibility
- Behavior Standard 2.2 Self-Management Skill-demonstrate self-discipline and selfcontrol

### School/Counselor Activities/Strategies/Interventions to Achieve Goal

LCSD school counselors will focus classroom guidance early in the year on personal responsibility, punctuality, and self-discipline in order to help create a positive learning environment for each student.

The Lawrence County School District Attendance Policy states "A maximum of seven (7) unexcused days per semester may be missed in each class before credit is denied. Parents will be notified by mail from the principal's office when the student reaches four (4) absences and again at six (6) absences per semester in any given class or classes."

### **ACTIONS IN PLACE**

### WR ELEMENTARY (K-6)

### WR HIGH SCHOOL (7-12)

| Letter to Parents                             | Letter to Parents                             |
|---|---|
| Phone call to parents of students >5 absences | Phone call to parents of students >5 absences |
| Look at attendance reports weekly             | Print out and monitor attendance reports      |
| File FINS petition, if necessary              | File FINS, if necessary                       |
| Make home visit, if necessary                 | Make home visit, if necessary                 |
| Meet with students chronically absent         | Meet with students chronically absent         |
|   |   |
|   |   |

### **ACTIONS TO TAKE/COUNSELOR INTERVENTIONS**

### WR ELEMENTARY (K-6)

### WR HIGH SCHOOL (7-12)

| Guidance lessons addressing responsibility,  | Classroom guidance with 9 <sup>th</sup> graders |
|--|---|
| punctuality, etc.                            | concerning earning credits for graduation and   |
|  | loss of credit due to absences.                 |
| Messages to parents on importance of         | Target students with chronic absenteeism for    |
| attendance and arriving to school on time-   | individual counseling and career exploration    |
| through Open Houses, newsletters, etc.       | with Career Coach.                              |
| Individual counseling sessions with students | Open House and Orientation-message to           |
| who miss several days consecutively or who   | parents about the importance of good            |
| have reached 5 absences or more              | attendance.                                     |
| Rewards program for good attendance          | Campaign for good attendance—posters,           |
|  | individual messages to students with issues.    |
| Counselor & Principal collaboration on       | Through RTI, focus on students who are          |
| attendance issues and solutions              | struggling academically because of              |
|  | attendance issues.                              |
|  | Monitor attendance reports for females with     |
|  | chronic absenteeism and those students          |
|  | economically disadvantaged.                     |
|  |   |

# **II. MANAGEMENT**

## SELF-ASSESSMENT

The LCSD counselors---Andrea Roark, Jennifer Roark, and Debbie Findley---met on June 2, 2022, to complete the Self-Assessment and begin the process of updating and refining the Comprehensive Guidance Plan. Each counselor completed the document and discussed our areas for program growth and our areas of program strength. Through the self-assessment and the use of data, the LCSD counselors can develop short-and long-term goals to better assist all students to reach success. These documents are on file in the counselor's offices.

### AREAS OF PROGRAM STRENGTH:

- Foundational Belief Statements
- Vision Statement
- Mission Statement
- Ethical Standards
- Delivery of direct and indirect services
- Career Planning
- Data analysis and dissemination

### **AREAS FOR PROGRAM GROWTH:**

- Program goal (s) for the District
- Advisory Council agenda/feedback (not implemented because of COVID protocols)
- Use of Time Calculator implementation and analysis
- Student Success Plans coordination between 8<sup>th</sup> grade and high school

The counselors plan to meet at the end of the 2022-23 school year to re-visit the Self-Assessment after the Comprehensive Guidance Plan has been implemented. New Elementary Counselor, Penny Sloan, will provide input on changes/updates at the elementary level.

## **USE OF TIME**

The School Counseling Improvement Act of 2019 (Act 190) specifies that "A school counselor shall spend at least ninety percent (90%) of his or her time during student contact days providing direct and indirect services to students" and "administrative activities performed by a school counselor shall not exceed more than ten percent (10%) of the school counselor's time spent working during student contact days."

Each counselor in the Lawrence County School District uses an informal document to keep track of the time spent providing services to students. Each counselor evaluates time spent on a weekly basis to insure she is meeting Act 190 requirements. (See sample of Daily/Weekly/Yearly calendars)

The LCSD administration works with the counselors to insure they have the time necessary to meet their obligations to students and that they are not spending excessive time on administrative duties.

## **ADMINISTRATIVE CONFERENCES**

Each counselor in the LCSD meets with her administrator on a yearly basis to plan and evaluate the counseling program in respective buildings. All building principals are available for collaboration on individual students, programs, and activities throughout the year. (Samples below)

## Walnut Ridge School District School Counseling Management Agreement

(Counselor/Principal Agreement)

School Year: 2020 - 2021 School: Walnut Ridge Elementary Principal: LeaAndra Foster

Date: 08-10-2022

### **Programmatic Delivery**

The school counselor/counselors will spend approximately the following time in each component area to ensure the delivery of the school-counseling program.

<u>10%</u> of my time delivering guidance curriculum 70% of my time with individual student counseling 10 % of my time with responsive services 10% of my time with administrative duties Lessons will be delivered in the academic, career and personal/social domain. Programs and services presented and available to staff include: Teacher Access Center, Classroom discipline and, Test administration, The counselor will be available to individual students/parents/teachers at the following times: 8:00 am-3:00 pm Mon-Fri. **Professional Development** The school counselor/counselors will participate in one or more of the following professional development: Monthly district meetings for counselors Yearly State Conference Classes and/or workshops **ACT** Aspire Training **Professional Collaboration** Quarterly meeting with high school/middle school counselors Contact teachers with students that are failing/intervention Weekly staff meeting

### Annual Administrative Conference

## Walnut Ridge High School

School Counselor Debbie Findley Year 2022-23

### School Counseling Program Mission Statement

The LCSD Counseling mission statement provides the counseling program with the motivation
to attain the vision. We focus directly on all students' success by fostering their growth
academically, vocationally, and socially. The school counselors purposefully associate the
vision of the counseling program and school to help students reach their maximum potential.
Our counselors are committed to advocating for all students now and in the future. We strive
provide students the opportunity to excel, to work with the community to find resources that help
students prosper, and to provide students the skills they need to become valuable members of
society.

### **School Counseling Program Goals:**

The school counseling program will focus on the following achievement, attendance and/or behavior goals this year. Details of activities promoting these goals are found in the curriculum, small-groups, and action plans. (We kept the same goals in place because with COVID last school year, the attendance rate was very difficult to measure.)

#### **Program Goal Statements**

1 School counselors in the LCSD will work collaboratively with school personnel to improve the attendance rate in the high school (7-12) by 1%. We will address Student Engagement/Chronic Absenteeism in the ESSA Index. We will also work at the same time to increase the School Quality & Student Success Rate by 1 point.

## Use of Time

I plan to spend the following percentage of my time delivering the components of the school counseling program. All components are required for a comprehensive school counseling program.

|                                      | Planned Us      | e  |  | Recommended           |
|--------------------------------------|-----------------|--|--|-----------------------|
| Direct<br>Services to<br>Students    | 20<br>percent   | School counseling core<br>curriculum   | Provides developmental<br>curriculum content in a<br>systematic way to all students                        |                       |
|                                      | _ 30<br>percent | Individual student<br>planning   | Assists students in the<br>development of educational,<br>career and personal plans                        | 90 percent<br>or more |
|                                      | _ 20<br>percent | Responsive services  | Addresses the immediate concerns of students   |                       |
| Indirect<br>Services for<br>Students | _ 20<br>percent | Referrals, consultation and collaboration  | Interacts with others to<br>provide support for student<br>achievement                                     |                       |
| Administrative<br>Services           | _ 10<br>percent | Coordination of program,<br>data input, chairing<br>committees and meetings,<br>duty | Includes planning and<br>evaluating program,<br>duties to help the<br>educational program of<br>the school | 10 percent<br>or less |

### Advisory Council

The LCSD counseling advisory council will meet

| Once in the Fall of the Year |  |
|------------------------------|--|
|------------------------------|--|

#### \*\*Did Not Meet in 2021-22 due to COVID

### **Planning and Results Documents**

The following documents have been developed for the school counseling program.

\_\_Annual calendar

Results reports (from last year's goal (s))

\_\_Curriculum action plan

### **Professional Development**

I plan to participate in the following professional development based on school counseling program goals and my school counselor competencies self-assessment.

## All the PD provided by the Arkansas School Counselor Association per in-person/virtual state conference.

PD based around ACT, Financial Aid, state testing & accountability

PD offered online and at NEA Co-Op designed around student engagement/attendance.

### Caseload and School Counselor's Responsibilities

Indicate specific responsibilities assumed by the school counselor.

| School Counselor | Direct Student Services  |  |  |
|------------------|--|--|--|
| Responsibilities | School Counseling Core Curriculum                                      |  |  |
|                  | Academic Advisement  |  |  |
|                  | Individual Student Planning  |  |  |
|                  |  |  |  |
|                  | Responsive Services  |  |  |
|                  | Individual Counseling  |  |  |
|                  | Small Groups   |  |  |
|                  | Crisis Response  |  |  |
|                  |  |  |  |
|                  | Indirect Student Services  |  |  |
|                  | Referrals to Community Agencies  |  |  |
|                  |  |  |  |
|                  | Special Programs   |  |  |
|                  | On to College Test Prep (high school)                                  |  |  |
|                  | Backpack Program, Clothes Closets/Hygiene/School Supplies at each bldg |  |  |
|                  | Other  |  |  |
|                  |  |  |  |
|                  |  |  |  |

### **Professional Collaboration**

| Group  | Weekly/Monthly | Coordinator                                       |
|--|----------------|---|
| RTI Meetings                                 | Monthly        | Rachel Shelby, Jennifer Roark,<br>Brooke Bramlett |
| Administration/School Counseling<br>Meetings | As needed      | Jacob Kersey, Jason Belcher,<br>LeaAndra Foster   |
| School Improvement Team Meetings             | As needed      | Dyan Heard  |
| District School Counseling Meetings          | Each Semester  | LCSD Counselors                                   |
| Other  |                |   |

| Counselor's Signature | Date |
|-----------------------|------|
| Principal's Signature | Date |

### **ADVISORY COUNCIL**

Counselors in the LCSD have put an Advisory Council in place for the 2022-23 school year with plans for the group to meet in the Fall on Open House date (if COVID protocols allow). The Council will be comprised of the counselor(s), staff member(s), parent(s), student(s), and community members. The purpose of the Advisory Council is to provide feedback, collaboration, and evaluation of the Comprehensive Guidance Program in order to allow stakeholders input into the planning and implementation of our program.

### **DIRECT, INDIRECT, & ADMINISTRATIVE SERVICES**

Counselors in LCSD meet the requirements of Act 190 by providing direct and indirect services, utilizing 90% of their time. Administrative duties take up only 10% of the counselor's time. (See Weekly Calendar examples below)

Individual and small group counseling comprise the largest amount of the counselor's time based on student needs and crisis intervention. Referral forms are utilized so that teachers, staff, and parents can refer students for services. (See Sample below) Counselors also provide indirect services to students by consulting with parents and teacher, referring students to outside agencies, and participating on committees and decision-making teams.

Administrative duties may include some eSchool data work, preparation for testing at each building, scheduling of students or changing schedules, sending transcripts to colleges, etc. (Master Scheduling is done during the summer, not during student contact days.)

|          | Elementary             | Middle School          | High School            |
|----------|------------------------|------------------------|------------------------|
| DIRECT   | Classroom lessons      | Classroom lessons      | Classroom lessons      |
|          | Individual counseling  | Individual counseling  | Individual counseling  |
|          | Small group            | Small group            | Small group            |
|          | counseling             | counseling             | counseling             |
|          | Responsive services:   | Responsive services:   | Responsive services:   |
|          | crisis, family issues, | crisis, family issues, | crisis, family issues, |
|          | conflict resolution    | conflict resolution—   | conflict resolution—   |
|          | concerns that put the  | concerns that put the  | concerns that put the  |
|          | student's academic,    | student's academic,    | student's academic,    |
|          | career, or emotional   | career, or emotional   | career, or emotional   |
|          | development at risk.   | development at risk    | development at risk    |
| INDIRECT | Consultation with      | Consultation with      | Consultation with      |
|          | parents, teachers, and | parents, teachers, and | parents, teachers, and |
|          | community agencies;    | community agencies;    | community agencies;    |
|          | participating on       | participating on       | participating on       |
|          | school committees,     | school committees,     | school committees,     |
|          | interpreting test data | interpreting test data | interpreting test data |
|          | to stakeholders.       | to stakeholder.        | to stakeholder.        |
|          | Referrals to outside   | Referrals to outside   | Referrals to outside   |
|          | resources and          | resources and          | resources and          |
|          | agencies for mental    | agencies for mental    | agencies for mental    |
|          | health services, child | health services, child | health services, child |
|          | maltreatment reports,  | maltreatment reports,  | maltreatment reports,  |

|                | and parent communications  | and parent communications.  | and parent communication.   |
|----------------|--|---|---|
| ADMINISTRATIVE | Building test<br>coordinator, building<br>504 coordinator,<br>positive behavior<br>program, data<br>leadership team,<br>eschool data | Building test<br>coordinator, building<br>504 coordinator, RTI<br>committee, Backpack<br>program coordinator,<br>Homeless Liaison,<br>some eschool data,<br>some scheduling | Building test<br>coordinator, Building<br>504 coordinator,<br>Concurrent Credit<br>coordinator, some<br>eschool data, Master<br>scheduling (non-<br>student days) |
|                |  |   |   |

## **REFERRAL FORM SAMPLE**

| Student's Name  |  | Grade  |   |
|---|--|--|---|
| Teacher   |  |  |   |
| Parent/Guardian Name  |  | Home Ph. (   | )   |
| Work Ph. ()   | Cell Ph  | Referred by<br>Teacher<br>Self   |   |
| DOB Stud  |  |  |   |
| Reason(s) for Referral- Proble  | ms/Concerns related to   | : (Please check all that apply.  | )   |
| <ul> <li>[]Dramatic change in behavior</li> <li>[] Worries</li> <li>[] Daydream/fantasizes</li> <li>[] Grief</li> <li>[] Fears</li> <li>[] Sadness</li> <li>[] Always</li> <li>tired []</li> <li>Motivation []</li> <li>Inattentive</li> <li>[] Withdrawn</li> <li>[] Cries easily for age</li> <li>[] Self image/confidence</li> </ul> | [] Nervous/anxious<br>[] Perfectionist<br>[]<br>Aggression/Anger [<br>] Swearing<br>[]<br>Fighting [<br>] Lying<br>[] Bullying<br>[] Disrespectful<br>[] Defiant<br>[] Hurts<br>self []<br>Impulsive | <ul> <li>[] Stealing</li> <li>[] Destruction of Property</li> <li>[] Sexual Acting Out</li> <li>[] Peer Relationships</li> <li>[] Social Skills</li> <li>[] Personal Hygiene</li> <li>[]Family Concerns</li> </ul> | [] Academics<br>[] Absences<br>[] Tardy<br>[] Wk habits/organizatio<br>[] Completion of<br>Assignments/Homework<br>[]Drop out risk<br>(H.S.) [] Other |
| Clarify Referral Problem / Histor   | y:   |  |   |

ACTIONS laken by the person referring this student, if applicable: (Please attach copies of any interventions attem

| Have you contacted parent/gua | rdian about your concern? | Y/N | Date: |  |
|-------------------------------|---------------------------|-----|-------|--|
| Explain below the outcome of  | parent contact:           |     |       |  |

Signature of Person Making Referral

Date of Referral

## Sample Daily Schedule

| 7:40 - 8:00   | Individual counseling as needed              |
|---------------|--|
|               | eSchool Data entry                           |
| 8:00 - 9:00   | Make appointments for the day                |
|               | Return phone calls                           |
|               | Consult with principal                       |
| 9:00 - 10:00  | Individual and group counseling as needed.   |
|               | Classroom and student observations as needed |
| 10:00 - 10:50 | Individual and group counseling as needed.   |
|               | Consultation with teachers.                  |
| 10:50 - 11:30 | Lunch (Available to students)                |
| 11:30 - 12:00 | Guidance Classes/ Group counseling with 3-4  |
| 12:00 - 2:00  | Guidance Classes/ Group counseling with K-2  |
| 2:00 - 3:05   | Individual counseling as needed.             |
|               | Deliver food backpacks.                      |

## **Elementary School Counselor**

## Weekly Schedule Elementary Counselor

## November 8-12, 2021

| Time            | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|-----------------|---|---|---|--|---|
| 7:45 -          | Morning check-in with principal/teachers/  | Morning check-in with principal/teachers/                                       |
| 8.05            | Students<br>Morning Executive<br>Functioning skills with<br>3 <sup>rd</sup> grade student                          | Students<br>Morning Executive<br>Functioning skills                             |
| 8.05            | Individual Counseling   | K-1   | 1-1   | 2-1  | with 3 <sup>rd</sup> grade student<br>K-2                                       |
| 8:05 –<br>10:30 | Parent meeting/ 504<br>Annual Review  | Counseling- whole<br>group lesson on<br>Responsibility/goals<br>(30 min)                  | Counseling- whole<br>group lesson on<br>Responsibility/goals<br>(30 min)                  | Counseling- whole<br>group lesson on<br>Responsibility/goals<br>(30 min)   | Counseling- whole<br>group lesson on<br>Responsibility/goals<br>(30 min)        |
|                 |   | Individual Counseling   | Individual Counseling   | Individual Counseling  | Individual Counseling   |
| 10:30-<br>12:00 | K-3<br>Counseling- whole<br>group lesson on<br>Responsibility/goals<br>(30 min)           | 1-2<br>Counseling- whole<br>group lesson on<br>Responsibility/goals<br>(30 min)           | 2-2<br>Counseling- whole<br>group lesson on<br>Responsibility/goals<br>(30 min)           | 2-3<br>Counseling- whole<br>group lesson on<br>Responsibility/goals<br>(30 min)                                    | 1-3<br>Counseling- whole<br>group lesson on<br>Responsibility/goals<br>(30 min) |
|                 | Group Counseling –<br>How to be and stay<br>friends (3rd grade)                           | Parent meeting/ phone<br>conference   | Group Counseling-<br>Check in – How to be<br>and stay friends (3rd<br>grade)              | Small Group<br>Counseling-Anxiety  | Individual Counseling   |
| 12:00-          | Prepare for Student<br>Christmas Gift Program   | Parent Meeting/ 504<br>Annual Review  | Prepare for Student<br>Christmas Gift Program   | Add new students to<br>Istation Portal/ print<br>tickets   | Prepare for Student<br>Christmas Gift Program                                   |
| 1:20            | Enter new students<br>into schedules in<br>eSchool  | Work on IStation  | Individual Counseling   | Whole group guidance<br>lesson on how to deal<br>with one another on<br>the playground. (3 <sup>rd</sup><br>Grade) | Individual Counseling   |

| 1:20- | Small group                         | Individual and small                | Individual and small                | Parent Meeting/ 504                 | Individual and small                       |
|-------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--|
|       | counseling- ADHD/                   | group counseling                    | group counseling                    | Annual Review                       | group counseling                           |
| 2:50  | study skills                        | 504/Heath Plan                      | Student Behavioral                  | Print HAC information               | Gathered coats from                        |
|       | All grades                          | meeting                             | meeting with parents                | for parent                          | clothing closet to give<br>to needy family |
| 2:50- | Check in with                              |
|       | principal/teachers/                 | principal/teachers/                 | principal/teachers/                 | principal/teachers/                 | principal/teachers/                        |
| 3:20  | Students                            | Students                            | Students                            | Students                            | Students                                   |
|       | Make individual counseling list for        |
|       | tomorrow                            | tomorrow                            | tomorrow                            | tomorrow                            | following week                             |

### Sample Yearly Calendar Elementary Counselor

#### August

Open House Student Orientation Food Backpack Program begins September Character Education Program begins **Respect Guidance Lessons** Parent-Teacher Conference 504 Plan Annual Reviews Fall Testing Window for Istation October Red Ribbon Week Anti-Bullying Campaign Empathy/Kindness Guidance Lessons 504 Plan Annual Reviews November Canned Food Drive **Conflict Resolution** Perseverance Guidance Lessons December **Christmas Present Distribution** Honesty Guidance Lessons January Check Semester Grades Goal-Setting Acceptance/Diversity Guidance Lessons Winter Testing Window for Istation February Hygiene Self-Control Guidance Lessons March Responsibility Guidance Lessons Literacy Day **Test-Taking Skills** Testing Boot Camp Parent-Teacher Conferences April\* Courage Guidance Lessons Test Incentive Assembly ACT Aspire Summative Test IStation Summative Test May\* Optimism Guidance Lessons Career Exploration (3<sup>rd</sup> and 4<sup>th</sup> Grades) Academic Awards

|                  | WEEKLY CALENDAR                                      |   |  |  |  |
|------------------|--|---|--|--|--|
| PERIOD           | MONDAY   | TUESDAY   | WEDNES<br>DAY  | THURSDAY   | FRIDAY   |
| 8:00 – 8:46      | RTI MEETING IN<br>LIBRARY                            | 6 <sup>TH</sup> GRADE 504<br>MEETING                  | PARENT<br>CONFERENCE<br>TO DISCUSS<br>GRADES                             | COORDINATION<br>OF FOOD<br>BACKPACK<br>PROGRAM                                   | 8 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING                                      |
| 8:50 – 9:36      | COMPLETION OF<br>RTI REPORT                          | HELPED STUDENT<br>SIGN UP FOR HAC                     | REVIEWED<br>BACKPACK<br>PROGRAM LIST                                     | CLASSROOM<br>GUIDANCE<br>LESSON  | ORGANIZED<br>CLOTHING/FOOD<br>PANTRY   |
| 9:40 – 10:26     | 5 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING    | 6 <sup>th</sup> GRADE<br>INDIVIDUAL<br>COUNSELING     | 6 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING                        | 5 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING                                | PREPARED FOR<br>RTI MEETING  |
| 10:30 –<br>11:16 | PREPARING<br>HOMELESS/FOSTER<br>CARE REPORT          | 7 <sup>TH</sup> GRADE 504<br>MEETING                  | 5 <sup>TH</sup> GRADE 504<br>MEETING                                     | 7 <sup>TH</sup> GRADE 504<br>MEETING   | 7 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING                                      |
| 11:20 –<br>12:06 | 5 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING    | PARENT<br>CONFERENCE TO<br>DISCUSS GRADES             | 8 <sup>th</sup> GRADE 504<br>MEETING                                     | HOMELESS<br>LIAISON MEETING  | DISCUSSED<br>CLASS CHANGE<br>FOR STUDENT<br>NEXT SEMESTER                              |
| LUNCH            |  |   |  |  |  |
| 12:40 – 1:26     | 7 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING    | 8 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING     | PREPARED FOR<br>BACKPACK<br>PROGRAM<br>CHRISTMAS<br>DELIVERY             | 7 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING                                | 6 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING                                      |
| 1:30 – 2:16      | PREPARED FOR<br>ANTI-BULLYING<br>PROGRAM             | MET WITH<br>STUDENT TO<br>DISCUSS AN<br>ENGLISH GRADE | CONT.<br>PREPARATION<br>FOR BACKPACK<br>PROGRAM<br>CHRISTMAS<br>DELIVERY | DELIVERY OF<br>FOOD BACKPACKS<br>TO ELEMENTARY<br>AND HIGH<br>SCHOOL<br>STUDENTS | 5 <sup>TH</sup> GRADE<br>INDIVIDUAL<br>COUNSELING                                      |
| 2:20 – 3:06      | CONT.<br>PREPARATION FOR<br>ANTI-BULLYING<br>PROGRAM | CLASSROOM<br>GUIDANCE<br>LESSON                       | PARENT<br>CONFERENCE<br>TO DISCUSS<br>CLASSROOM<br>ISSUE                 | CLASSROOM<br>GUIDANCE<br>LESSON  | PASSED OUT<br>FOOD BAGS TO<br>MIDDLE SCHOOL<br>STUDENTS IN<br>FOOD BACKPACK<br>PROGRAM |

Sample Weekly Calendar Middle School Counselor Week of Dec. 6-10, 2021

| YEARLY CALENDAR  |   |  |  |
|--|---|--|--|
| AUGUST 2021  | JANUARY 2022  |  |  |
| Open House<br>First Day of School<br>Schedule New Students<br>Make Schedule Changes<br>Preparation for initial RTI Meeting for the<br>school year<br>Make PLC Schedule   | RTI Meetings<br>Coordination of Weekly Food Backpacks<br>ACT Aspire Planning<br>Counselor's Meeting   |  |  |
| SEPTEMBER 2021   | FEBRUARY 2022   |  |  |
| RTI Meetings<br>504 Plan Meetings-Initial and Review<br>Review Residency Forms for K-12 <sup>th</sup><br>grades (Homeless Liaison)<br>Identify K-12 <sup>th</sup> grade students for Food<br>Backpack Program<br>Coordinate Food Backpack Program for<br>2021-22 school year | RTI Meetings<br>Coordination of Weekly Food Backpacks<br>National School Counseling Week 2022<br>ACT Aspire Planning  |  |  |
| OCTOBER 2021   | MARCH 2022  |  |  |
| RTI Meetings<br>Coordination of Weekly Food Backpacks<br>504 Plan Meetings-Initial and Review<br>1 <sup>st</sup> Quarter Grades<br>Parent Conferences<br>Red Ribbon Week   | RTI Meetings<br>Coordination of Weekly Food Backpacks<br>ACT Aspire Teacher Training<br>3 <sup>rd</sup> Quarter Grades<br>Parent Conferences<br>Student Success Plans<br>FBLA Testing                         |  |  |
| NOVEMBER 2021  | APRIL 2022  |  |  |
| RTI Meetings<br>Coordination of Weekly Food Backpacks<br>APNA Surveys<br>Counselor's Meeting   | Coordination of Weekly Food Backpacks<br>ACT Aspire Testing<br>Course Selection for 2022-23 School<br>Year<br>Master Schedule Revisions<br>Scheduling Students for 2022-23 School<br>Year<br>Testing Assembly |  |  |
|  |   |  |  |

| DECEMBER 2021                         | MAY 2022  |
|---------------------------------------|---|
| RTI Meetings                          | Cont. Scheduling Students for 2022-               |
| Coordination of Weekly Food Backpacks | 20223School Year                                  |
| FBLA Testing                          | Coordination of Weekly Food Backpacks             |
| Organize Christmas presents for Food  | 5 <sup>th</sup> Grade Orientation                 |
| Backpack Program students             | 4 <sup>th</sup> Quarter Grades                    |
| 2 <sup>nd</sup> Quarter Grades        | Prepare Folders for 8 <sup>th</sup> 504 Plans and |
|                                       | RTI for High School                               |
|                                       | ACT Aspire Testing                                |

Sample Yearly Calendar

Middle School Counselor

|                  | WEEKLY CALENDAR  |  |  |  |   |  |
|------------------|--|--|--|--|---|--|
| PERIOD           | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |  |
| 8:00 – 8:46      | LATE START<br>MON.<br>PLC MEETINGS<br>STUDY SKILLS<br>PRESENTATION<br>TO 9 <sup>TH</sup> GRADE | NEXT<br>MAGAZINE<br>IEP ENGLISH<br>CLASS-<br>SMALL GROUP | HELP STUDENT<br>SIGN UP FOR ACT                          | WORKKEYS<br>VIRTUAL<br>TRAINING<br>CROWLEYS<br>RIDGE CO-OP | PRESENTATION BY<br>MEDICAL IMAGING<br>DEPT. AT ASU-<br>JONESBORO TO<br>UPPER-LEVEL<br>SCIENCE<br>STUDENTS |  |
| 8:50 – 9:36      | MEETING WITH<br>BRTC<br>CONCURRENT<br>CREDIT<br>DIRECTOR                                       | NEXT<br>MAGAZINE<br>IEP ENGLISH<br>CLASS-<br>SMALL GROUP | HELP STUDENT<br>WITH ACT ID<br>LETTER                    | CONT.  | CONFERENCE<br>WITH TEACHER,<br>PRINC., STUDENT<br>ON BEHAVIOR   |  |
| 9:40 –<br>10:26  | PARENT<br>CONFERENCE-<br>504 PLAN  | MEET WITH<br>MIDDLE<br>SCHOOL<br>TEACHER ON<br>DLM       | CHECK ON<br>STUDENT<br>GRADES FOR<br>PARENT              | CONT.  | SEND RECORDS<br>TO COLLEGES ON<br>SENIORS<br>THROUGH TRIAND   |  |
| 10:30 –<br>11:16 | MEETING WITH<br>STUDENT ON<br>MATH GRADE   | DLM MEETING<br>CONTINUED                                 | REFERRAL<br>CONFERENCE                                   | 8:30-11:30<br>VIRTUAL<br>WORKKEYS<br>MEETING               | HELP SENIOR<br>COMPLETE ONLINE<br>COLLEGE APP   |  |
| 11:20 –<br>12:06 | ARKANSAS<br>REHAB<br>SERVICES<br>MEETING   | NEXT<br>MAGAZINE<br>IEP ENGLISH<br>CLASS-SMALL<br>GROUP  | PRINT OUT ACT<br>TESTING TICKETS<br>FOR 3 STUDENTS       | MEET WITH<br>JUNIOR ON<br>FASTWEB<br>SCHOLARSHIP<br>INFO   | DHS ASSESSMENT<br>IN MY OUTER<br>OFFICE   |  |
| LUNCH            | AVAILABLE  | AVAILABLE  | AVAILABLE  | AVAILABLE  | AVAILABLE   |  |
| 12:40 –<br>1:26  | MEET WITH<br>PRE-AP<br>ENGLISH<br>STUDENTS ON<br>PSAT TESTING                                  | INDIVIDUAL<br>COUNS<br>GRADES IN<br>SCIENCE              | UCA VISITOR ON<br>CAMPUS FOR<br>SENIORS                  | Next MAGAZINE<br>WITH SENIOR<br>ENGLISH                    | MAKE REFERRAL<br>TO OUTSIDE<br>AGENCY   |  |
| 1:30 – 2:16      | MEET WITH<br>STUDENT-<br>HOME<br>SITUATION   | RESEARCH<br>CAREER INFO<br>WITH SPED<br>STUDENT          | 504/DYSLEXIA<br>CONFERENCE<br>IND. COUNSELING<br>SESSION | VISITOR FROM<br>LINCOLN TECH                               | MEET WITH ALE<br>STUDENT ABOUT<br>SCHEDULE  |  |
| 2:20 – 3:06      | MEET WITH<br>STUDENT ON<br>NEACTC CLASS  | WORK IN HIGH<br>SCHOOL<br>CLOTHES<br>CLOSET—<br>PUTTING  | MEET WITH<br>STUDENT ON<br>CAREER INFO                   | MEET WITH<br>TEACHER<br>ABOUT<br>STUDENT<br>BEHAVIOR       | CALL PARENT TO<br>SET UP 504<br>CONFERENCE<br>INDIVIDUAL<br>COUNSELING<br>SESSION                         |  |
| After<br>School  | la Waakly Caland   | UP<br>DONATIONS<br>FROM<br>COMMUNITY<br>MEMBERS          | 504 PARENT<br>MEETING                                    |  |   |  |

Sample Weekly Calendar High School Counselor

Week of Sept. 27-0ct. 1, 2021

# YEARLY CALENDAR

| AUGUST 2021   | JANUARY 2022  |
|---|---|
| Complete Student Schedules  | DTC VirtualTraining-3 hr.   |
| Complete BRTC concurrent paperwork  | DTC Webinars  |
| Career Coach Give Accuplacer  | ARI/Hytrol Industry Tours- 11 <sup>th</sup> & 12 <sup>th</sup>            |
| ACE Corrections   | grade   |
| Open House/New Student Orientation  | Guidance Lesson on "The Economics of                                      |
| Change Schedules-1 <sup>st</sup> 8 days of school                         | Education" in 9 <sup>th</sup> grade Econ classes                          |
| Teacher Professional Development  | Webinar-AR Teacher Residency Program                                      |
| 504 Meetings with Parents/Teachers  | KUDER Interest Inventory- 8 <sup>th</sup> & 9 <sup>th</sup> grade         |
| Meet with Seniors to complete info sheets                                 | Student Success Plans-Complete  |
| Military Set-Up at Lunch in Square  | Personality Inventories   |
| Testing Data Disaggregation for Faculty                                   |   |
| SEPTEMBER 2021  | FEBRUARY 2022   |
| Senior Night with students/parents  | DLM Spring Testing Window opens   |
| 504 Conferences   | Career Day-8 <sup>th</sup> -12 <sup>th</sup> grade (cancelled due         |
| DTC Webinar   | to Covid)   |
| NEA Counselor's Meeting   | ACT Prep  |
| Arkansas Rehab Services-meet with   | Complete non-test items for state ACT                                     |
| IEP/504   | DTC Webinars  |
| College Visit from ASU-Jonesboro &  | KUDER Interest Inventory- 10 <sup>th</sup> grade                          |
| WBU   | Set up ACTAspire-PNP's, testing   |
| Study Skills presentation with 9 <sup>th</sup> graders                    | sessions, etc.  |
| DLM Testing window opened   | Student Success Plans-Complete digital                                    |
| PSAT Information session for 10 <sup>th</sup> and                         | copy of SSP   |
| 11 <sup>th</sup> grade students   | Pull-out ACT Practice Test for Juniors                                    |
| ACT WorkKeys Virtual Training   |   |
| ASMSA Visit with Interested Students                                      |   |
| Student Success Plans-re-visit plan and<br>update                         |   |
| OCTOBER 2021  | MARCH 2022  |
|   |   |
| Next Magazine-IEP English classes   | ACT State Testing   |
| College Application Day-Seniors   | BRTC Preview Day- 10-11 grades  |
| Financial Aid Kickoff Day-Seniors   | ASU Visit with Jr. and Sr.  |
| College Visits-UCA, BRTC  | DTC Webinars  |
| College Fair for Jr. and Sr. at WBU                                       | NEATC Tour-9 <sup>th</sup> & 10 <sup>th</sup> grade                       |
| DTC Webinars  | FBLA Testing  |
| PSAT Testing  | Aspire Test Training for WRHS   |
| ACT WorkKeys Virtual Sessions #3 & 4 Student Success Plans-Advisors to go | KUDER Interest Inventory- 11 <sup>th</sup> grade<br>Student Success Plans |
| over Smart Core, Graduation   | Mock Administration-ACTAspire-District-                                   |
| Requirements, etc.  | wide  |
|   |   |
| NOVEMBER 2021   | APRIL 2022  |

| Next Magazines with Jr. and Sr.<br>Career Watch magazine-11 <sup>th</sup> grade<br>Financial Aid Night<br>BRTC Counselor Day<br>DAR Good Citizen paperwork<br>APNA Surveys completed<br>NEACTC Advisory Luncheon<br>Student Success Plans-Career<br>Inventories<br>DTC Webinars<br>Graduation Rate Cohort Corrections<br>Set up juniors in On to College portal for<br>ACT Test Prep | Local Scholarship Applications due<br>Schedule requests for 2022-23:<br>8 <sup>th</sup> -11 <sup>th</sup> grade<br>Aspire Testing<br>DTC Webinars<br>Senior Parent Meeting<br>Career Coach Administer Accuplacer-for<br>SrsCollege Placement & Challenge<br>Scholarship<br>Student Success Plans |
|--|--|
| DECEMBER 2021  | MAY 2022   |
| BRTC Concurrent paperwork for Spring<br>Arkansas Rehabilitation Services visit<br>DTC Webinars<br>Introduce Juniors to On to College Test<br>Prep<br>FBLA Testing<br>College Visit-CRC<br>Civics Testing<br>Counselor Appreciation Lunch-BRTC<br>Student Success Plans-Work Values<br>Inventory<br>**Career Coach implemented SSP, with direction fro                                | Aspire Testing<br>Academic Awards<br>Scholarship Awards<br>Graduation<br>AP Testing<br>Sign-up for Summer ACT Prep<br>Sign-up for Summer School<br>ACTAspire testing window closes<br>Student Success Plans  |

Sample Yearly Calendar High School Counselor

## **MULTI-TIERED SERVICES**

Counselors in the Lawrence County School District deliver Tier 1 services to all students in the form of classroom guidance lessons that are age- and subject-appropriate and are aligned with competencies in the academic, social/emotional, and/or career domains. These lessons are formulated using the goals and data provided through surveys, needs assessments, and district data.

Counselors provide Tier 2 and 3 services based on student need. This may be in the form of small group sessions that meet regularly over time to address specific needs or gaps. These Tier 2 services are also delivered in the form of test interpretation (small group or individual), academic planning, study skills, behavioral support, and career exploration.

More intensive Tier 3 interventions are provided when a student's academic or social/emotional development is at risk. These usually address immediate or short-term needs such as crisis intervention.

## **III. DELIVERY**

## **CLASSROOM LESSONS**

Counselors deliver core curriculum lessons to all student that are age-appropriate and directed at goals created based on student needs. These lessons are limited to thirty (30) minute class sessions, not to exceed three (3) class sessions per day, and not to exceed ten (10) class sessions per week.

Lessons are based on specific competencies in academic, social/emotional, and career domains. These lesson topics are communicated to stakeholders through the yearly and weekly calendars, the school website, and building newsletters. (See sample Lesson Plan below)

### Sample Lesson Plan Elementary Counselor

Grade Level 2-3 Month Nov. Topic: Self-Management, Responsibility & Goal Setting

### **Objective/I-Statement**

Students will learn how setting goal can help them improve and grow. I can set goals that help me be my best. Goals can help me learn to be more responsible.

## American School Counseling Association Standards (ASCA)

PS:B1.12 Develop an action plan to set and achieve realistic goals

## **CASEL Core Competencies**

Self-Management (Impulse Control, Stress Management, Self-Discipline, Self-Motivation, Goal-Setting, Organizational Skills)

**Responsible Decision-Making** (Identifying Problems, Analyzing Solutions, Solving Problems, Evaluating, Reflecting, Ethical Responsibility)

### Materials

Chart Paper & Marker "A Quiz on Goals" Interactive PowerPoint Activity

### Procedures

Ask the students- "what is a goal?", and what synonyms they can come up with. Emphasize how goals are similar to dreams, in that we aspire to get something we want or become better. Explain that the difference is that a goal is an action plan how to reach our dreams one step at a time. Discuss how to set a goal that we are likely to achieve, it has to be attainable, specific, measurable, and has to have a time limit. Mention that even though the easier goal you set, the more likely it is to reach it, however, we should set goals that are at least a bit challenging, so that we improve our skills, character traits, etc. Provide an example: if a student who is good at math sets a goal to not fail math class, he will almost certainly achieve it, but he wouldn't learn anything or grow. Ask the students how they would change such a goal (example: set a goal to get an A on the test).

Introduce the interactive activity. All instructions are in the PowerPoint file. This activity will take around 15 – 20 minutes.

### **Evidence-Based Strategies**

igtimes Kinesthetic Games

Building Vocabulary

 $\boxtimes$  Interactive Games

- Complex cognitive tasks (investigation, problem-solving, and/or decision-making)
- ⊠ Practice, practice, practice
- $\boxtimes$  Cues & questioning to check for understanding
- Summarizing to assess student knowledge
- Setting Clear Goals/Objectives
- $\boxtimes$  Student discussion/chunking
- $\boxtimes$  Engagement strategies

### Assessment

The students will describe 3 goals.

### **Additional Resources**

"I want to be my best!" worksheet

## **ORIENTATION/TRANSITION**

The LCSD hosts an Open House at each building at the beginning of each school year to introduce students and their families to the school setting, to the faculty and staff, and to the policies and procedures of the school. Students and parents are taken on a tour of the building to orient students to specific locations. During these events, school counselors are available to meet and greet, answer questions, and present information to students and parents. (See Sample Agenda for Open House below)

## WALNUT RIDGE HIGH SCHOOL NEW STUDENT ORIENTATION/OPEN HOUSE AUG. 16, 2021 7 P.M. AGENDA

- I. WELCOME & INTRODUCTION OF STAFF-JACOB KERSEY, PRINCIPAL
- II. STUDENT COUNCIL WELCOME-MASON ANDREWS, PRESIDENT
- III. COUNSELOR INFORMATION-DEBBIE FINDLEY, HIGH SCHOOL COUNSELOR
  - a. Arkansas Academic Challenge Scholarship & ACT requirements
  - b. Enrichment opportunities: BRTC Concurrent Credit/AP Courses/Pre-AP Courses
  - c. Graduation Requirements
  - d. Importance of Credits/GPA/Attendance
  - e. Schedules & Schedule Changes

### IV. HANDBOOK ITEMS-JACOB KERSEY, PRINCIPAL

- a. Bullying
- b. Cell Phone Policy
- c. Dress Code
- d. Attendance Policy
- e. Handbook Changes
- f. REMIND App
- g. DRAGONFLY
- h. Student email
- i. Parking Tags

### V. QUESTIONS & ANSWERs

#### VI. HAND OUT SCHEDULES

## **NEW STUDENT ORIENTATION**

As new students enroll in the LCSD, the building counselor is involved in the process:

- Counselor meets student and parent to gain insight into needs and preferences
- New student is provided tour of the building.
- Student is provided a student ambassador who escorts him/her throughout the first day.
- Building counselor insures that specific programs for individual needs are in place---504, IEP, GT.
- School counselor (at the high school level) uses previous school records, TRIAND transcript, and questioning to schedule student into classes.

## **TRANSITION PLAN**

The LCSD has a transition plan as students move from one building to the next on campus:

- Counselors meet with students in the transfer grade in a classroom setting to discuss classes, policies, changes, etc.
- Students are taken on a tour of new facility.
- At the high school level, club sponsors and extracurricular activity sponsors, conduct a "Fair" to inform students of what activities are available.
- At the building level, counselor conducts parent meeting to inform parents of transition. At the high school level, the counselor explains Smart Core, Graduation Requirements, and course selection to help parents with student's 9<sup>th</sup> grade schedule. (Some parent meetings have been restricted because of COVID.)

## **GRADUATE FOLLOW-UP**

The LCSD conducts follow-up surveys with graduates to determine the path they took after graduation. These are conducted both by mail and by phone for ALL graduates and for specific CTE programs to determine placement after high school.

As part of the Graduate follow-up survey, students are asked about their experiences with the counseling program while in high school and how they evaluate their preparation for life after high school.

## WRHS Follow-up Survey:

## WALNUT RIDGE HIGH SCHOOL CLASS OF \_\_\_\_\_ GRADUATE SURVEY

| NAM      | IE Phone #   |                      |               |
|----------|--|----------------------|---------------|
| Curre    | ent Address  |                      |               |
| Emai     | il address   |                      |               |
|          | ent Status: (Mark all that apply)<br>_ Working full-time Working part-time I<br>_ 2-year college Vocational school/apprenticeship              |                      | ollege        |
| Please   | e further explain your employment and/or name of school  |                      |               |
|          | so answer the following questions as honestly as n   | ossible              |               |
|          | se answer the following questions as honestly as p   |                      | <b>m</b> .o   |
|          | <ul><li>Do you feel you were offered a quality education at WRHS?</li><li>Did your teachers generally hold high standards and demand</li></ul> | d quality work?yes _ |               |
| 2.<br>3. |  | u quanty work?yesyes | no            |
| 3.<br>4. |  |                      |               |
| ч.<br>5. |  |                      |               |
| 5.<br>6. |  |                      |               |
| 7.       |  | ice better?yes       |               |
| 8.       |  | v                    |               |
| 9.       |  | yes                  |               |
| Pleas    | se give a GRADE from A to F for the following ite  | ems:                 |               |
| (A=Ex    | xcellent; B= Good; C= Average; D= Below Avg.; F= Needs Imp   | provement <u>GR</u>  | ADE           |
|          | ). WRHS provided a safe learning environment.  | _                    |               |
|          | 1. WRHS maintained a drug-free environment.  | -                    | · · · · · · · |
|          | 2. My teachers were knowledgeable about the curriculum they  |                      |               |
|          | 3. Students and parents were notified concerning academic pro  | gress.               |               |
|          | 4. Rules were enforced consistently and fairly.  | -                    |               |
|          | 5. Rate the availability of technology in the classroom.   | -                    |               |
|          | 6. How well-prepared did you feel for the transition from high   | school to now? _     | ····-         |
|          | 7. Rate the atmosphere at after-school activities.   | -                    | ·····-        |
|          | 8. Rate the school's security procedures.  | -                    |               |
|          | 9. Rate the relevance of your classes at WRHS to the real world<br>0. Overall, how would you rate WRHS as a learning environment               | _                    |               |
|          | ). Overall, how would you rate WRHS as a learning environme<br>MENTS.  |                      | <u>.</u>      |
| COM      | MENTS:   |                      |               |

## **DROPOUT PREVENTION & RISK ASSESSMENT**

It is important that school counselors at the secondary level be aware of the risk factors involved with students dropping out of school and be willing to discuss available options.

FORM:

| Student Dropout Questionn<br>Walnut Ridge High School                          | aire                              |                            |          |
|--|-----------------------------------|----------------------------|----------|
| Student Name:  |                                   |                            |          |
| Student A go   |                                   |                            |          |
| Grade Level:   |                                   |                            |          |
| What is the <i>primary</i> reason the s  | student is withdrawing from sch   | ool? (Circle one)          |          |
| Course selection   | Employment                        | Expulsion                  |          |
| Student/teacher conflict   | Marriage                          | Family Proble              | ems      |
| Failing classes  | Pregnancy                         |                            |          |
| Boredom  | Illness                           |                            |          |
| Does student plan to enter a GE  | D program?                        | Yes                        | No       |
| Was the student in an alternative<br>If no, was an alternative                 |                                   | m school? Yes<br>Yes       | No<br>No |
| Had the student received individ   | lual counseling prior to this mee | eting? Yes                 | No       |
| Was the student involved in school sponsored extracurricular activities?       |                                   |                            | No       |
| Does the student have an educational disability requiring an IEP?              |                                   |                            | No       |
| Has the student received any remediation services in the past three (3) years? |                                   |                            | No       |
| What is the average number of c  | lays the student was absent over  | r the past three (3) years | s?       |
| Has the student ever been suspe  | nded?                             | Yes                        | No       |
| Has the student ever been expel  | led?                              | Yes                        | No       |

| Student Signature   | Date |
|---------------------|------|
| Parent Signature    |      |
| Counselor Signature | <br> |

| Three | Three (3) month follow-up:  |                                   |                        |         |  |
|-------|---|-----------------------------------|------------------------|---------|--|
|       | Method of contact:  |                                   |                        |         |  |
|       | Letter (Level I)  | Phone call (Level II)             | Home visit (Level III) |         |  |
|       | Contact Successful  | Contact Unsuccessful              |                        |         |  |
|       | Employment status:  |                                   |                        |         |  |
|       | Employed full-time  | Employed part-time                | Unemployed             | Unknown |  |
|       | Education status:   |                                   |                        |         |  |
|       | Working on GED<br>Earned GED<br>Enrolled in another school<br>Unknown |                                   |                        |         |  |
|       | Did the student return  | to school following this contact? | Yes No                 |         |  |
| Final | Final contact (prior to start of next school year):                   |                                   |                        |         |  |
|       | Not applicable: Student returned to school//                          |                                   |                        |         |  |
|       | Method of contact:  |                                   |                        |         |  |
|       | Letter (Level I)  | Phone call (Level II)             | Home visit (Level III) |         |  |
|       | Employment status:  |                                   |                        |         |  |
|       | Employed full-time  | Employed part-time                | Unemployed             | Unknown |  |
|       | Education status:   |                                   |                        |         |  |
|       | Working on GED<br>Earned GED<br>Enrolled in another sch<br>Unknown    | ool                               |                        |         |  |
|       |   |                                   |                        |         |  |

In addition, all personnel in the LCSD work to prevent school dropouts by

- 1. Monitoring the progress of all students and intervening when students show early signs of attendance, behavior, or academic problems.
  - a. Organize and analyze data to identify students who miss school, have behavior problems, or struggle in their courses
  - b. Intervene with students who show early signs of failing coursework.
  - c. If data shows high rates of absenteeism, take steps to help students, parents, and school staff understand the importance of attending school daily.
- 2. Provide intensive, individualized support to students who face significant challenges to success.
- 3. Engage students by offering programs that connect schoolwork with college and career success and that improve students' capacity to manage challenges in and out of school.
  - a. Directly connect schoolwork to options after high school.
  - b. Provide programs that teach students how to build supportive relationships.
  - c. Regularly assess student engagement to identify areas for improvement and target interventions to students who are not engaged.

## ACADEMIC ADVISEMENT

In the Lawrence County School District, academic advisement begins in elementary school and continues through high school. The building-level counselor acts as an advisor at all levels to guide students toward developing short-and long-term goals. Goal setting provides a purpose and direction for the student. The school counselor at each level offers students study skills to help them succeed in the classroom by identifying their learning style and providing time management skills useful both in school and in all aspects of their lives.

Beginning in 8<sup>th</sup> grade, students begin working with the Career Coach, counselors, and teachers on academic and career planning through the Student Success Plan. Academic advisement in the LCSD includes the following:

- Supporting students in understanding the relationship between classroom performance and success in school.
- Providing students with access to courses and course selection that will meet their short-and long-term goals.
- Guiding students toward college and career readiness.
- Providing students with needs assessments and surveys at each level to help support their future goals.

## SOCIAL-EMOTIONAL LEARNING

The Comprehensive Guidance Program in the LCSD involves planned guidance activities for all students. The classroom guidance curriculum focuses on topics that align with the Guide for Life program:

- 1. Growth
  - Develop problem-solving skills
  - Practice mindfulness
  - o Persevere
- 2. Understanding
  - Increase self-awareness

- Know your strengths and weaknesses
- Develop critical thinking skills
- 3. Interaction
  - Treat others with respect
  - Communicate effectively
  - Seek out and offer help when needed
- 4. Decisions
  - Consider personal beliefs, safety and the situation
  - Think through potential consequences
  - Put your best self forward
- 5. Empathy
  - See other perspectives
  - Value the feelings of others
  - Appreciate diversity

At all building levels, counselor employ these 5 skills for personal success in Tier 1, 2, and 3 guidance--- classroom, small group, and individual counseling sessions.

## **CAREER PLANNING**

The career planning and development program in the LCSD will help students to

- 1. Discover the meaning of work and its relationship to the individual
- 2. Develop a positive attitude and a personal identity as a worker
- 3. Understand their own aptitudes and develop their own abilities as they pertain to the world of work

The Lawrence County School District has adopted KUDER as the College & Career Readiness tool for the district to help with the implementation of the Student Success Plan. Students begin to complete the three assessments in the 8<sup>th</sup> grade---Interest Inventory, Skills Confidence Assessment, and Super's Work Values Inventory---to help them in the career decision-making process.

In high school, students continue to refine their career choices by examining the Career & Technical Education completer programs, by meeting with the Career Coach on a regular basis, by aligning their coursework with their career plans, and by taking advantage of programs available at the Northeast Arkansas Career & Technical Center located on the Jonesboro High School campus and the new Secondary Career Center on the Black River Technical Center campus. (See CTE Programs of Study example below)

Our school district sponsors one of the largest Career Fairs in our region during CTE month in February each year, bringing more than 70 career, college, and military visitors to the Walnut Ridge campus. All students in grades 8-12 visit the Career Fair and interact with career professionals. In past years, the BE PRO BE PROUD caravan has visited our campus at this event. Juniors and seniors attend breakout sessions in the afternoon designed around college readiness, financial aid, and workplace skills.

College-bound students can also take advantage of college concurrent classes offered on the WRHS campus and through online classes through BRTC. Students interested in the medical field can apply to UAMS programs such as Day in the Life and MASH and through the New York Institute of Technology on the ASU campus for programs like Project H.E.A.R.T. and Structure, Function, & Technology.

# 2021-22 WRHS CAREER & TECHNICAL PROGRAMS

A Career & Technical Education Completer is a student who has successfully completed three units of study in an area. This includes any foundational course (Level 1) and core courses (Levels 2 & 3). WRHS students may also complete various programs of study through the Northeast Arkansas Technical Center located on the Jonesboro High School campus and the Secondary Technical Center at Black River Technical College.

Benefits of being a Completer include the opportunity to earn certifications recognized by employers across the country, recognition in the newspaper, a certificate received at Honors Assembly, recognition and cord at Graduation, a special seal on the transcript, and JOB OPPORTUNITIES!



Students can also be a Concentrator in the Programs of Study by completing two units of study---either Level 1 and Level 1 and Level 3 courses.

## AGRICULTURAL SCIENCE

AND TECHNOLOGY

#### Agricultural Power, Structural &

#### Technical Systems:

- \_\_\_\_\_ Survey of Agriculture Systems (L1)
- \_\_\_\_\_ Agricultural Mechanics (L2)
- \_\_\_\_\_ Agricultural Metals (L3) OR
- \_\_\_\_\_ Agricultural Structures (L3) OR \_\_\_\_\_ Advanced Agricultural Mechanics (L3)

#### Plant Systems:

- \_\_\_\_ Survey of Agriculture Systems (L1)
- Plant Science (L2)
- Greenhouse Management (L3)

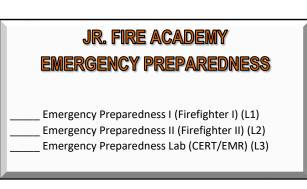
## **BUSINESS AND MARKETING**

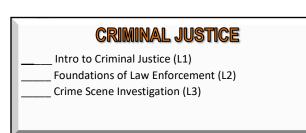
#### Office Administration:

Survey of Business (L1)
Business Procedures (L2)
Accounting I (L3)

#### **Business Finance:**

\_\_\_\_\_ Survey of Business (L1) \_\_\_\_\_ Financial Planning (L2) \_\_\_\_ Accounting I (L3)







## STUDENT SUCCESS PLANS

The Student Success Plans are a collaborative effort among educators, students, and their parents that allow for conversing on future planning and goal-setting.

The LCSD utilizes both a paper SSP document and a digital plan that students can re-visit, update, and change on their own or in a classroom setting. Students begin the SSP in 8<sup>th</sup> grade during the semester of the Career Development course. The Career Coach works with the Career Development teacher, the middle school and high school counselor to insure that SSP's are updated periodically and that KUDER inventories are completed. The Career Coach is the person responsible for the SSP in our district. (See Sample Student Success Plan below) STUDENT SUCCESS PLAN FOR \_\_\_\_\_\_ Date last updated \_\_\_\_\_

SCHOOL

PATHWAY TO GRADUATION

**24 CREDITS REQUIRED FOR GRADUATION** 

## WALNUT RIDGE HIGH SCHOOL

### ACADEMICS: CREDIT REQUIREMENTS---COURSES, GRADES & CREDITS

| SUBJECT/GRAD   | 8 <sup>TH</sup> | 9 <sup>TH</sup> ` | 10TH | 11TH | 12TH |
|----------------|-----------------|-------------------|------|------|------|
| REQUIREMENTS   |                 |                   |      |      |      |
| ENGLISH (4)    |                 |                   |      |      |      |
| MATH (4)       |                 |                   |      |      |      |
| SCIENCE (3)    |                 |                   |      |      |      |
| SOCIAL ST. (3) |                 |                   |      |      |      |
| PE (1/2)       |                 |                   |      |      |      |
| HEALTH (1/2)   |                 |                   |      |      |      |
| ORAL COM (1/2) |                 |                   |      |      |      |
| FINE ART (1/2) |                 |                   |      |      |      |
| FINANCIAL      |                 |                   |      |      |      |
| LIT.(1/2)      |                 |                   |      |      |      |
| *Computer Sci1 |                 |                   |      |      |      |
| Electives:     |                 |                   |      |      |      |
|                |                 |                   |      |      |      |
|                |                 |                   |      |      |      |
|                |                 |                   |      |      |      |
|                |                 |                   |      |      |      |
|                |                 |                   |      |      |      |
|                |                 |                   |      |      |      |
| TOTAL CREDITS  |                 |                   |      |      |      |

\*Computer Science class required for entering freshman class 2022-23.

### ACCELERATED LEARNING OPPORTUNITIES---CHECK ALL THAT APPLY

| 8TH             | 9ТН             | 10TH             | 11TH            | 12TH              |
|-----------------|-----------------|------------------|-----------------|-------------------|
| GT              | GT              | GT               | GT              | GT                |
| PRE-AP LITERACY | Advanced ENG. 9 | Adv. ENG. 10     | AP ENG. 11/CC   | AP ENG. 12/CC     |
| PRE-AP MATH     | Adv. CIV/ECON   | AP WORLD HIST/CC | AP U.S. HIST/CC | AP US GOVT.       |
|                 | Adv. PHYS. SCI. | Adv. BIOLOGY     | CHEM. OR PHYS.  | AP BIOLOGY        |
| LIST OTHER:     | LIST OTHER:     | LIST OTHER:      | LIST OTHER:     | AP CALCULUS       |
|                 |                 |                  |                 | CHEM. OR PHYSICS  |
|                 |                 |                  |                 | AP Comp. Science  |
|                 |                 |                  |                 | COLLEGE ALG./CC   |
|                 |                 |                  |                 | FINE ARTS MUS./CC |
|                 |                 |                  |                 | ONLINE BRTC CLASS |

### STATE ASSESSMENTS---SCORES/DEFICITS/INTERVENTIONS

| 8 <sup>TH</sup> -ACTASPIRE                       | 9 <sup>TH</sup> -ACTASPIRE | 10 <sup>TH</sup> -ACTASPIRE | 11 <sup>TH</sup> -ACT | 12 <sup>™</sup> -АСТ |
|--|----------------------------|-----------------------------|-----------------------|----------------------|
| ENG  | ENG                        | ENG                         | ENGLISH               | ENGLISH              |
| MATH   | MATH                       | MATH                        | MATH                  | MATH                 |
| READING  | READING                    | READING                     | READING               | READING              |
| SCIENCE  | SCIENCE                    | SCIENCE                     | SCIENCE               | SCIENCE              |
|  |                            |                             |                       |                      |
|  | PROJ. ACT                  | PROJ. ACT                   |                       |                      |
|  | COMP                       | COMP                        |                       |                      |
| RTI Y N  | RTI Y N                    | RTI Y N                     | RTI Y N               | RTI Y N              |
| INTERVENTIONS Y N                                | INTERVENTIONS Y N          | INTERVENTION Y N            | ACT PREP Y N          | ACT PREP Y N         |
| CARFER FOCUS/PROGRAMS OF STUDY/ARFAS OF INTEREST |                            |                             |                       |                      |

| AG       |                    | BUSINESS    | FIRE SCIENCE           | CRIMINAL JUSTICE |  |
|----------|--------------------|-------------|------------------------|------------------|--|
|          | _NEACTC (JHS)      | CAREER & TI | ECHNICAL CENTER (BRTC) |                  |  |
| SPECIFIC | CTE PROGRAM OF     | STUDY:      |                        |                  |  |
| TECHNICA | AL SKILLS/CERTIFIC | CATIONS:    |                        |                  |  |

### **INTERESTS, GOALS, ACCOMPLISHMENTS**

|                             | 8TH | 9ТН | 10TH     | 11TH | 12TH |
|-----------------------------|-----|-----|----------|------|------|
| PERSONAL<br>INTERESTS/GOALS |     |     |          |      |      |
| CAREER<br>INTERESTS/GOALS   |     |     |          |      |      |
| STUDENT LEADERSHIP          |     |     |          |      |      |
| STUDENT CLUBS               |     |     |          |      |      |
| ATHLETICS                   |     |     |          |      |      |
| AWARDS/HONORS               |     |     |          |      |      |
| EMPLOYMENT                  |     |     |          |      |      |
| OTHER TRAINING              |     |     |          |      |      |
| POSTSECONDARY               |     |     | <u> </u> |      |      |

### OSISECONDARY PLANNING POST-HIGH SCHOOL GOAL: \_4-YEAR COLLEGE \_\_\_\_\_COMMUNITY COLLEGE \_\_\_\_\_WORKFORCE TRAINING WORK NAME OF COLLEGE DATE OF COLLEGE VISIT APP. DEADLINE **APPLICATION** \_SUBMITTED \_\_\_ACCEPTED

4 **L** 

\_\_\_\_MILITARY

STATUS OF

SUBMITTED \_\_\_\_ACCEPTED SUBMITTED \_\_\_ACCEPTED **SCHOLARSHIPS & FINANCIAL AID** 

www.fafsa.gov FAFSA SUBMITTED: DATE

| NAME OF SCHOLARSHIP | AMOUNT | DEADLINE | STATUS    |
|---------------------|--------|----------|-----------|
|                     |        |          | SUBMITTED |
|                     |        |          | AWARDED   |
|                     |        |          | SUBMITTED |
|                     |        |          | AWARDED   |
|                     |        |          | SUBMITTED |
|                     |        |          | AWARDED   |

### **EMPLOYMENT RESEARCH**

| NAME OF COMPANY      | EMPLOYMENT<br>REQUIREMENTS | APPLICATION<br>SUBMITTED | DATE OF INTERVIEW |
|----------------------|----------------------------|--------------------------|-------------------|
|                      |                            |                          |                   |
|                      |                            |                          |                   |
| APPROVED BY PARENT/G | UARDIAN                    | •                        | DATE              |
| UPDATED              | UPDATED                    | UPDA                     | ATED              |

## SUICIDE PREVENTION, INTERVENTION, POSTVENTION

The Lawrence County School District recognizes the necessity of addressing the area of mental health wellness for our students. It is important to identify those students that are dealing with mental health issues and assist them in accessing the necessary help they need from mental health experts. The district, to the highest degree possible, wants to identify those students at risk for suicide ideation and work with the parents of those students by providing resources that allow the parent and student the help they need.

The Suicide Prevention Plan includes components that will address intervention-and prevention, postvention steps that the district will take when a suicide occurs, training of staff in the risk factors associated with youth suicide ideation, and the prevention programs and documents that will be in place to help identify those students at risk and refer them to mental health experts.

This prevention program will include a review of resources that help to establish administrative guidelines and procedures for responding to a student at risk; training for school faculty and staff to enhance suicide awareness; and an understanding of the role they can play in identifying and responding to a student with suicidal behavior.

### PREVENTION

The District's suicide prevention plan shall be designed to help students---

- Understand how feelings of depression and despair can lead to suicide
- Identify alternatives to suicide and develop new coping skills
- Recognize the warning signs of suicidal intentions in others
- Learn to listen, be honest, share feelings, and get help when communicating with friends who show signs of suicidal intent
- Identify community resources where youth can get help

Suicide prevention training for staff shall include the following:

- Be able to identify risk factors such as a previous suicide attempt, history of depression or mental illness, substance abuse issues, family history of suicide or violence, feelings of isolation, interpersonal conflicts, a recent loss or breakup, family instability
- Be able to recognize warning signs that may indicate suicidal intentions, including changes in student's appearance, personality, or behavior
- Be aware of research-based instructional strategies for teaching suicide prevention and promoting mental and emotional health
- Be aware of community resources and services (See Resource pages at end of document)
- Be able to follow district procedures for intervening when a student attempts, threatens, or discloses a desire to commit suicide.

## INTERVENTION

The following process should be followed when a staff member becomes aware that a student is experiencing a crisis that may involve risk of harm to self or others:

- When a staff member suspects or has knowledge of a student's suicidal intentions, he/she shall promptly notify the building counselor/principal/designee who shall then notify the student's parents or guardians as soon as possible. The student may be referred to mental health resources in the school or community.
- Students shall be encouraged to notify a teacher, principal, counselor, or other adult when they are experiencing thoughts of suicide or when they suspect or have knowledge of another student's suicidal intentions.

**Imminent risk** is when there is immediate danger to the student's self or others (for example, possible presence of a weapon or other means the student intends to use to harm self or others) or there is a suicide attempt in progress (for example, the student has taken a drug or medication overdose).

The staff member who suspects or has knowledge of imminent risk will do the following:

- Provide for continuous supervision of the student at risk until an emergency responder arrives, keeping personal safety in mind. Evaluate the environment for safety and remove access to methods or lethal means.
- Call 911 and notify the counselor/principal/designee and be mindful that in the presence of a weapon or danger to others, emergency medical personnel will need the scene secured by law enforcement personnel before they can intervene.
- Notify the Superintendent
- If a suicide attempt is imminent or in progress, other students need to be removed quickly and calmly from the vicinity, following the District Crisis Plan.
- Notify the student's parent or guardian and document the time and content of the conversation.
- Complete an incident report form detailing actions taken (See sample Incident Form below)

At risk is when the student identifies thoughts of death but has no plan, intent to die, or suicidal behavior; the student identifies thoughts of death and may have a plan, intent to die or suicidal behavior; or the student is experiencing some stressors.

The staff member who suspects or has knowledge of a student at risk will do the following:

- Remain with the student and provide support, safety, and continuous supervision.
- Contact counselor/principal/designee to help determine risk situation.
- Contact parent/guardian.
- If it is determined a formal assessment is needed, appropriate arrangements will be made.
- If incident is handled at the local level, counselor/principal/designee will complete the Student Suicide Risk Documentation form (See below) and create a safety plan (See below).

## POSTVENTION

The LCSD recognizes that the death of a student, whether by suicide or other means, is a crisis that affects the entire school and community. In the event of a student's death, it is critical that the school's response be swift, consistent, and intended to protect the student body and community. A staff meeting and debriefing will take place.

Working with the victim's parents or guardian, administrators and counselors must determine what information is to be shared in the school and what the limits of confidentiality are. The next step is to determine how information will be provided to students. **There will be no plans for permanent memorials on campus.** 

Finally it is important for the counselor to conduct screenings to identify high risk students and plan interventions. These may be students who may have

- Facilitated or otherwise been involved in the suicide
- Seen but not recognized the warning signs
- Been close to the victim
- Identified closely with the victim, perhaps as a role model
- A previous history of suicide attempts of their own
- Suffered other significant losses

Postvention goals should be to

- Support the grieving process
- Prevent suicide contagion
- Reestablish healthy school climate
- Provide long-term surveillance and provide education that serves both prevention and postvention

## **EMERGENCY CONFERENCE WITH PARENTS**

In a meeting with school personnel today, information was shared regarding and his/her emotional condition and behavior. Since my child has expressed suicidal thoughts, the recommendation was made that mental health services be sought immediately. I have been provided with names and phone numbers of local agencies, private practitioners, and others who can provide assistance to my child and me.

**School Personnel** 

Parent/Guardian

**School Personnel** 

Parent/Guardian

**Date of Meeting** 

## LOCAL COUNSELING AGENCIES:

FAMILIES, INC. 1425 W. Main St. Walnut Ridge, AR 72476 (870) 886-5303 (Provider housed on our District campus)

HOMETOWN BEHAVIORAL HEALTH SERVICES 503 SE Lindsey St. Hoxie, AR 72433 (870) 886-1333

MID-SOUTH HEALTH SYSTEMS 102 SW Larkspur Walnut Ridge, AR 72476 (870) 886-7924

## **BULLYING PREVENTION**

ACT 1029 of 2019 addresses the issue of school bullying and how it can be prevented, reported, and investigated in the public school.

ACT 190 states that comprehensive school counseling programs will provide strategies, protocols, and training on recognizing bullying behaviors, responding to bullying, and assisting students who are targets of bullying.

The Lawrence County School District has adopted an Anti-Bullying Policy which is printed the Student Handbook. Counselors at all building levels work to help students recognize that

- Bullying is intentional.
- Bullying is initiated by a student and is directed toward another student or an employee.
- Bullying can be in the form of written, verbal, electronic or physical act.
- Bullying can involve harassment, intimidation, humiliation, ridicule, defamation, or threat of violence.
- Bullying includes cyberbullying.

Counselors employ prevention and educational programs to help students

- identify bullying behaviors,
- avoid engaging in acts of bullying,
- seek help from an adult when there are feelings of hurt, guilt, or stress,
- help students develop essential skills such as those found in the G.U.I.D.E for Life,
- follow protocols for responding to bullying that is occurring.

Counselors help students, teachers, and parents in the reporting of bullying incidents by

- teaching students to report incidents of bullying they experience or witness to a trusted adult,
- encouraging others to report bullying incidents they witness,
- teaching students the seriousness of a false report of bullying,
- encouraging teachers to listen to parents and students who report incidents of bullying,
- providing programs at school that collaboratively involve teachers, students, and parents.

In response to reports of bullying behavior, the building counselor will work with administrators to insure that students are safe and free from intentional harm. They will

- Assess whether the student is at risk of harm.
- Intervene quickly, consistently and appropriately in bullying situations.
- Take immediate action when bullying is observed or reported
- Maintain a record of any action they have taken or suggested.



# Bullying prevention guide

#### What is bullying?

Unwanted aggressive behavior that usually happens among school-aged children. Two things need to happen for aggressive behavior to be considered bullying:

1. **Power imbalance** — the aggressor uses whatever advantages or power they have to harm or control others.

2. Repeated attacks — Aggressive behaviors are repeated or leave the possibility for future attacks.

#### Types of bullying

**Physical bullying** — The act of using physical strength to exert power over others by causing bodily harm or damaging belongings.

**Verbal bullying** — Individuals (or a group) use abusive language to hurt, insult, ridicule, or embarrass another person or people.

**Social bullying** — One party tries to harm the reputation or relationships of another party. **Cyberbullying** — A division of social bullying, but it takes place over digital platforms such as smartphones, social media, tablets, and computers.

#### **Bullying prevention tips**

**Community buy-in** — Kids look up to adults. And if every adult in a community is working together to eliminate bullying, the chances of success are much higher.

**Educate everyone on bullying** — The more your community understands about bullying, the more likely they are to buy-in to your bullying prevention plan.

**Create a positive environment** — Positive relationships deter aggressive behavior and help prevent bullying. This is why it's important to promote positive behavior wherever possible.

Have events planned for the whole year — Make a committee made up of different community members that represent everyone's best interests. This safety committee will help you put in place an actionable plan to prevent bullying in your school and community.

**Do an environmental scan** — An environmental scan helps you see where and when bullying is happening through questionnaires, observations, and interviews.

#### **Bullying intervention tips**

**Restorative justice** — The focus is on mending broken relationships, rather than exacting revenge. A meeting is made to help the bully realize their actions towards the victim are unacceptable and have them want to make amends with the victim .

**The support group approach** — Using the aid of the school community to establish a positive relationship between conflicting individuals. The support group works with the bully to find a resolution that will help the victim.

**The method of shared concern** — A series of planned meetings with the bullies, without accusing them of anything. Afterward, the mediator meets with the bullies and the victim to find a resolution.

## **Bullying Intervention Tips: Examples & Guidance**

After determining that bullying has occurred, the response to support students should balance the need for student accountability with the need to teach appropriate skills and behavior. The following non-exhaustive list of interventions may be used as a resource with the understanding that interventions should be student-centered. Student skill-building approaches might include:

- Provide academic and nonacademic **positive behavioral supports** to teach prosocial ways to achieve goals
- Increased adult **supervision** and/or video monitoring in areas where the student has been bullied
- Inform other teachers/staff as appropriate about concerns so they are better aware and able to maintain the safety
- Identify a trusting adult who agrees to daily check-in with the student
- Provide safety adjustments (*i.e.* move desk, change locker, go to the bathroom at different time, eat at different table or with teacher) for the student that exhibited bullying behaviors. The targeted student should not have to rearrange their routine for safety.
- Provide relevant education activities for individual students or student groups in consultation with guidance counselors and other appropriate personnel
- Offer individualized **skill-building sessions** based on the board approved bullying prevention curricula (*i.e.* problem solving skills, social skills, life skills, anger management)
- Meet with parents to engage support in reinforcing skill-building sessions and the **bullying prevention curricula at home**
- Use behavioral plans to progress monitor the development of specific social skills
- **Refer** for evaluation of a disability and/or counseling or mental health services
- Increase training for teachers/staff on how to identify harmful behaviors.

The checklist below "DO YOU BULLY?" is a tool to be used to help students understand that they may be guilty of bullying behavior:



# **Do You Bully?**

Read each of the following questions and check the box next to anything that you may have done or felt. These items apply to what happens at school and online, such as text messages, gaming, or social media posts. If you need help, ask your mom or dad!

Do you:

- **Call other kids names?**
- □ Say things to get a reaction, such as being scared or upset, out of another kid?
- Gossip about other kids or try to make them look bad?
- Tease other kids about how they look or act?
- □ Start rumors about other kids?
- Want other kids to be afraid of you?
- Try to humiliate other kids?
- □ Hit, push, or shove other kids?
- □ Leave kids out of games or groups on purpose?
- **Encourage other kids to be mean with you?**
- Hurt or be mean to other kids mostly when adults are not around?
- □ Take or ruin other kids' stuff?
- **D** Enjoy it when you make other kids upset?
- □ Blame other people for your actions?
- □ Think it's cool when you laugh at others?
- **D** Enjoy it when other kids are scared of you?
- **D** Think that some people deserve to be hurt or teased?
- **G** Send mean or threatening messages by text, social media, or other technology?
- Think it's funny when other kids feel humiliated?
- **Enjoy making fun of other kid's differences?**

Recognize any of the signs? Kids bully for a lot of different reasons. It might be because of peer pressure, wanting to feel in control, fear, insecurity, not having positive adult role models, or even being bullied themselves.

If you recognize that you might be bullying, talking with an adult can make a difference. Seriously. It might be your parent or guardian, an aunt or uncle, the school social worker, a trusted teacher, the principal or school nurse. They can help you change bullying behavior — and help you deal with the reasons you do it.

## **ASCA MINDSET & BEHAVIORS**

Counselors in the LCSD use the ASCA Mindset and Behaviors Tool in the planning and implementation of the Comprehensive Guidance Program for our district. We meet throughout the year as we plan, implement, and evaluate the components of the Guidance Program. We use the ASCA Tool for this purpose.

| Indicate the grade level in which you plan to address any standard in the cells below. It  | Grad     | ie Level/Del | livery             |
|--|----------|--------------|--------------------|
| isn't necessary to address each standard each year.  | Academic | Career       | Social/<br>Emotion |
|  |          | grade level  |                    |
| Mindsets   | u        | nder catego  | ory                |
| M 1: Belief in development of whole self, including a healthy balance of mental, social/<br>emotional and physical well-being  |          |              |                    |
| M 2: Self-confidence in ability to succeed   |          |              |                    |
| M 3: Sense of belonging in the school environment  |          |              |                    |
| M 4: Understanding that postsecondary education and lifelong learning are necessary<br>for long-term career success  |          |              |                    |
| M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes   |          |              |                    |
| M 6: Positive attitude toward work and learning  |          |              |                    |
| Behavior: Learning Strategies  |          |              |                    |
| B-LS 1: Demonstrate critical-thinking skills to make informed decisions  |          |              |                    |
| B-LS 2: Demonstrate creativity   |          |              |                    |
| B-LS 3: Use time-management, organizational and study skills   |          |              |                    |
| B-LS 4: Apply self-motivation and self-direction to learning   |          |              |                    |
| B-LS 5: Apply media and technology skills  |          |              |                    |
| B-LS 6: Set high standards of quality  |          |              |                    |
| B-LS 7: Identify long- and short-term academic, career and social/emotional goals  |          |              |                    |
| B-LS 8: Actively engage in challenging coursework  |          |              |                    |
| B-LS 9: Gather evidence and consider multiple perspectives to make informed decisions  |          |              |                    |
| B-LS 10: Participate in enrichment and extracurricular activities  |          |              |                    |
| Behavior: Self-Management Skills   |          |              |                    |
| B-SMS 1: Demonstrate ability to assume responsibility  |          |              |                    |
| B-SMS 2: Demonstrate self-discipline and self-control  |          |              |                    |
| B-SMS 3: Demonstrate ability to work independently   |          |              |                    |
| B-SMS 4: Demonstrate ability to delay immediate gratification for long-term rewards  |          |              |                    |
| B-SMS 5: Demonstrate perseverance to achieve long- and short-term goals  |          |              |                    |
| B-SMS 6: Demonstrate ability to overcome barriers to learning  |          |              |                    |
| B-SMS 7: Demonstrate effective coping skills when faced with a problem   |          |              |                    |
| B-SMS 8: Demonstrate the ability to balance school, home and community activities  |          |              |                    |
| B-SMS 9: Demonstrate personal safety skills  |          |              |                    |
| B-SMS 10: Demonstrate ability to manage transitions and ability to adapt to changing   |          |              |                    |
| situations and responsibilities  |          |              |                    |
| Behavior: Social Skills  |          |              |                    |
| B-SS 1: Use effective oral and written communication skills and listening skills   |          |              | -                  |
| B-SS 2: Create positive and supportive relationships with other students   |          |              |                    |
| B-SS 3: Create relationships with adults that support success  |          |              |                    |
| B-SS 4: Demonstrate empathy  |          |              |                    |
| B-SS 5: Demonstrate ethical decision-making and social responsibility  |          |              |                    |
| B-SS 6: Use effective collaboration and cooperation skills   |          |              |                    |
| B-SS 7: Use leadership and teamwork skills to work effectively in diverse teams  |          |              |                    |
| B-SS 8: Demonstrate advocacy skills and ability to assert self, when necessary<br>B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and |          |              |                    |

## **PROGRAM REVIEW**

As counselors in the LCSD reflect on our Comprehensive Guidance Program, we utilize a number of resources: program goals, artifacts, ESSA Index and other data, etc., to evaluate and plan for the next year.

| District counselors will meet to review<br>Comprehensive Guidance Program, update it, add<br>artifacts, and get it ready for posting.   | Reviewed/<br>Posted |
|---|---------------------|
| The counselor/program self-assessment has been reviewed and updated.  |                     |
| Counselor team, vision, mission and belief statements have been reviewed and updated as needed.   |                     |
| Data regarding student outcomes from the current year goal (s) have<br>been reviewed and analyzed. Decisions will be made on continuing<br>current goal or changing goal will be made.  |                     |
| Results from the review of student outcomes is reflected in the plan.   |                     |
| Planning for the next year is taking place. What will be the desired outcomes as a result of your interventions? Will you consider participation/process data, Mindsets and Behaviors or perception data, or outcome/results data?                          |                     |
| Smart goal(s) for the next year are developed, data is reviewed, action<br>steps or tasks are developed, and desired outcomes are clearly<br>defined. What will be your goal(s) for the next year? How do you<br>plan to impact student access to learning? |                     |
| Annual calendar is updated. Weekly calendars and Use of Time documents will be reviewed.  |                     |
| Advisory council meeting information is included if available.  |                     |
| Summary of how direct and indirect services are being provided<br>to students has been outlined. Summary of administrative<br>activities provided is outlined and updated as needed. (Include<br>small group information, classroom lessons)                |                     |
| Suicide prevention and bullying prevention models are updated as needed.  |                     |
| Developmentally appropriate career planning process and<br>Student Success Plan have been reviewed and updated.   |                     |
| Professional standards have been reviewed.  |                     |
| Lessons, supporting documents, other artifacts are updated and included in plan as needed.  |                     |
| Data sharing with Stakeholders has taken place, or is planned.  |                     |
| Materials for data sharing are updated and included in plan.  |                     |
| New plan is posted for following year no later than August 1 of each year.  |                     |

## III. ACCOUNTABILITY

## **DATA REVIEW & STAKEHOLDER SHARING**

Counselors at each building level in the LCSD reviews testing data throughout the year as it becomes available, as well as data from needs assessments and surveys to plan and implement the Comprehensive Guidance Program. Counselors meet together with building administrators to review the School Report Card, ESSA Index, etc., and they work to formulate plans to disseminate that information to stakeholders.

Counselors and building test coordinators provide data interpretation to administrators, teachers, students, and parents through various avenues including parent meetings, classroom sessions, School Board meetings, etc.

55.97

(See sample ESSA SSQT Data Interpretation for Walnut Ridge High School faculty below)

# 2021 WRHS (Grades 9-12) SQSS

## School Quality and Student Success Indicators

Ark. Code Ann. § 6-15-2108(b) and (c) specify that the school performance system shall consider without limitation at least one or more school quality and/or student success indicators provided those indicators allow for meaningful differentiation of schools and are valid, reliable, comparable and applicable statewide. Stakeholders communicated a desire to have multiple measures included in this indicator as soon as possible.

The Arkansas Department of Education created a student-focused aggregation of indicators that meet these requirements. The measures for this indicator focus on each student meeting important educational milestones (such as reading proficiently), important readiness criteria (minimum ACT score of 19 for Arkansas Academic Challenge Scholarship), and important postsecondary success indicators (attainment of AP, IB, concurrent credits). In essence, the school quality and student success indicator combines measures of engagement, access, readiness, completion, and success criteria. To calculate this indicator a student level table is constructed to include the indicators listed in the table below

### School Quality and Student Success Indicators WRHS OVERALL SCORE 55.97

| Indicator                 | Grade Level or Cohort<br>for Points Available | Points for Student   |
|---------------------------|---|--|
| Student Engagement 68.91  | Grades K -11                                  | Point based on Chronic Absence (CA) risk level:<br>CA < 5% = 1.0 Point<br>5 < = CA < 10% = 0.5 Point |
| Science Achievement 33.57 | Grades 3 – 10                                 | Ready or Exceeds = 1.0 Point<br>Close or Not Ready = 0.0 Point                                       |

| Science Growth<br>58.09<br>Reading at Grade Level<br>30.88   | Grades 4 – 10<br>Grades 3 – 10 | Using ACT Aspire Science Value-Added Score<br>Percentile Rate<br>VAS PR $\ge 75$ = 1.0 Point<br>25 $\le$ VAS PR $< 75$ = 0.5 Point<br>VAS PR $\le 25$ = 0.0 Point<br>Ready or Exceeds = 1.0 Point<br>Close or Not Ready = 0.0 Point |
|--|--------------------------------|---|
| ACT<br>51.79   | Grade 12 Cycle 7<br>Enrollment | Best ACT Composite Score $\geq 19 = 1.0$ Point<br>Use best ACT score from prior 3 years.  |
| ACT Readiness<br>Benchmark<br>43.75  | Grade 12 Cycle 7<br>Enrollment | ACT Reading $\geq 22 = 0.5$ point<br>ACT Math $\geq 22 = 0.5$ point<br>ACT Science $\geq 23 = 0.5$ point<br>Use best ACT score from prior 3 years for each<br>subject.  |
| GPA 2.8 or better<br>on4.0 scale<br><b>78.57</b>   | Grade 12 Cycle 7<br>Enrollment | High school final GPA $\geq 2.8$ = 1.0 Point  |
| Community Service<br>Learning Credits<br>Earned<br>50.00   | Grade 12 Cycle 7<br>Enrollment | 1 or more SL credits earned = 1.0 Point<br>Act 648 of 1993 course #496010 or other state<br>approved courses<br>Credits earned at any time during grades 9 - 12   |
| On-time Credits<br>96.73   | Grades 9 -11                   | Grade 9 completed $\geq$ 5.5 credit = 1.0 Point<br>Grade 10 completed $\geq$ 11.0 credits = 1.0 Point<br>Grade 11 completed $\geq$ 16.5 credits = 1.0 Point   |
| Computer Science<br>Course Credits Earned<br>35.71   | Grade 12 Cycle 7<br>Enrollment | Credits earned $\ge 1 = 1.0$ Point<br>Credits earned at any time during grades 9 - 12   |
| Advanced<br>Placement/International<br>Baccalaureate or<br>Concurrent Credit<br>Courses (ACE<br>included)<br>60.71 | Grade 12 Cycle 7<br>Enrollment | Credits earned $\ge 1 = 1.0$ Point<br>Credits earned at any time during grades 9 - 12   |

## **APPENDIX A**

### **Resources for Responsive and Indirect Services**

### **Responsive Services:**

Bullying-

http://www.stopbullying.gov/prevention/at-school/index.html

• This website offers parents warning signs that their child might be experiencing bullying. http://kidshealth.org/teen/your mind/problems/bullies.html#

• This website gives students ways to stop bullying in schools such as informing a trusted adult.

#### Suicide Prevention-

http://www.suicide.org/suicide-warning-signs.html

• This website gives parents suicide warning signs.

http://www.learnpsychology.org/suicide-depression-student-guidebook/

• Lists the common risks factors for suicide for parents, teachers, and students.

### Child Abuse-

http://www.emedicinehealth.com/child abuse/page7\_em.htm

- Gives school officials' risk factors that may increase the risk of child abuse. <u>http://www.stoparchildabuse.com/tips.htm</u>
  - Offers parents tips on how to prevent child abuse.

### **Indirect Services:**

Anxiety-

http://childparenting.about.com/od/healthsafety/a/how\_to\_handle\_anxiety\_in\_children.htm

- Gives parents advice on ways they can help their children cope with anxiety.
- http://www.worrywisekids.org/node/36
  - Offers a list of do's and don'ts for parenting an anxious child.

### Conflict Resolution-

http://www.playworks.org/blog/four-conflict-resolution-techniques-school-children

• This website offers students techniques to utilize with others to solve conflicts.

### http://www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=287&id=1521

• Teaches students the definition of conflict resolution and offers steps to solving conflicts such as understanding what the conflict is about, how to avoid making it worse, work together with others, and finding the solution.

### Anger Management-

http://savvyschoolcounselor.com/12-ways-to-manage-anger/

- Offers strategies for students to help manage their anger.
- http://www.creducation.org/resources/anger\_management/early\_warning\_signs.html
  - Offers parents advice on early warning signs of anger.

### Study Skills-

http://www.educationcorner.com/learning-styles.html

- Helps children identify their learning style. http://www.studytips.org/
  - Offers study tips for children to use in the classroom to help them succeed.

### Goal Setting-

https://www.examtime.com/blog/smart-goal-setting-students/

• Offers advice for students on how to set SMART goals. http://www.free-training-tutorial.com/lifeskills/goalsetting.html

• Teaches the students how to choose a goal.

### Impulse Control-

http://www.scholastic.com/parents/resources/article/parent-child/why-impulse-control-harder-ever

• This website offers tips to parents to help their child manage their impulsive behavior. http://learningworksforkids.com/2013/12/5-ways-to-help-your-child-develop-better-self-control-skills/

• This website offers suggestions for children to learn self-control.

## **APPENDIX B**

#### Lawrence County School District Counselors' Local Resource Guide

### **Mental Health Agencies:**

Families, Inc. 1425 W. Main St. Walnut Ridge, AR 72476 (870) 886-5303

Hometown Behavioral Health Services 503 SE Lindsey St. Hoxie, AR 72433 (870) 886-1333

Mid-South Health Systems 102 SW Larkspur Walnut Ridge, AR 72476 (870) 886-7924

#### **Food Pantries:**

First Baptist Church 322 SW Front St. Walnut Ridge, AR 72476 (870) 886-2722 1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month 1:00 p.m.-3:00 p.m.

Hoxie First Baptist Church 200 SW Lindsey Hoxie, AR 72433 (870) 886-2360 Every 4<sup>th</sup> Monday 4:00 p.m.-8:00 p.m.

White Oak Baptist Church (Food & Toiletries) 190 Lawrence 612 Walnut Ridge, AR 72476 2<sup>nd</sup> Sunday of each Month 3-4:30 p.m.

Shepherd's Care-Bags of Blessings 111 SE Front St. Walnut Ridge, AR 72476 (870) 886-2000 1<sup>st</sup>, 3<sup>rd</sup>, & 4<sup>th</sup> Mondays 4:30 p.m.-5:30 p.m.

## **Community Meals:**

Mission Outreach 901 East Lake Street Paragould, AR 72450 (870) 236-8080 Breakfast 6:30 a.m., lunch 12:00 p.m., dinner 5:00 p.m.

## **Shelter:**

Mission Outreach 901 East Lake Street Paragould, AR 72450 (870) 236-8080

### **Medical Providers:**

Lawrence Memorial Hospital 1309 W. Main St. Walnut Ridge, AR 72476 (870) 886-1200

Lawrence County Health Department 1050 West Free Street Walnut Ridge, AR 72476 (870) 886-3201

## **GED Prep:**

Black River Technical College-Adult Education 504 SE Southern Ave. Walnut Ridge, AR 72476 (870) 886-2059 Location: Walnut Ridge Community Center Hours: Monday-Thursday 8:15 a.m. - 3:30 p.m. Monday & Tuesday 6:00 p.m. - 8:00 p.m.

## **College Readiness & Post High School Opportunities:**

Black River Technical College 1410 Highway 304 East Pocahontas, AR 72455 (870) 248-4000

Williams Baptist University 60 W. Fulbright Walnut Ridge, AR 72476 (870) 886-6741

### **Hotlines:**

Arkansas Crisis Hotline: (888) 274-7472 Physical, Sexual, and Domestic Abuse Hotline: Crimes Against Children Hotline (800) 482-5964

## Helpful Websites:

Arkansas Department of Human Services: http://humanservices.arkansas.gov/Pages/default.aspx Lawrence County Public Library: http://lawrencecountylibrary.com/ Mission Outreach of Northeast Arkansas: http://missionoutreachnea.com/ Walnut Ridge Regional Chamber of Commerce: http://lawcochamber.org/ Suicide Prevention, Awareness, and Support: http://www.suicide.org/hotlines/arkansas-suicide-hotlines.htm