

# FEBRUARY 2024

## Walnut Ridge School

### LUNCH



**This school is an equal opportunity provider.**  
**Menus are subject to change.**  
*Each tray comes with assorted fruit and 8oz of milk*



**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Chicken Nuggets  
Mashed Potatoes  
Green Beans  
WG Roll

5

Chicken Sandwich  
Crinkle Cut Fries  
Lettuce/Pickle  
**HS Spicy Chicken Sandwich**

6

Scrambled Eggs  
Sausage & Biscuit  
Ruby Red Juicer

7

Cheeseburger  
Spicy Fries  
Lettuce/Pickle

1

Pizza  
Romaine Salad/Ranch  
Corn  
HS Crispitos

2

Chicken Nuggets  
Sweet Potatoes  
Steamed Broccoli  
WG Roll

12

Cheeseburger  
Spicy Fries  
Lettuce/Pickle

13

Chili  
Fritos/Cheese  
Romaine Salad/Ranch

14

Pizza  
Romaine Salad Ranch  
Corn

15

**Parent Teacher Conf**  
**No School**

16

Chicken Nuggets  
Veggie Fried Rice  
Cooked Carrots  
WG Roll

19

Corn Dog  
Mac & Cheese  
Fried Okra

20

Spaghetti  
WG Breadstick  
Spinach Salad/Ranch

21

Burrito  
Chips/Salsa  
Black Beans  
**HS Ham & Cheese Hot Pocket**

22

Pizza  
Romaine Salad/Ranch  
Corn  
HS Crispitos

23

Chicken Nuggets  
Cheesy Mashed Potatoes  
Green Peas  
WG Roll

26

Cheeseburger  
Spicy Fries  
Lettuce/Pickle

27

Taco Salad  
Pinto Beans  
Lettuce/Cheese/Salsa

28

BBQ Rib Sandwich  
Baked Beans  
Baked Chips

29