

Lawrence County School District
Lawrence County Wellness Committee

Walnut Ridge High School

September 2, 2015 11:45 A.M.

- Call to order: Meeting was called to order by Janna Berry.
- Attendance: (13) Committee Members Present: Terry Belcher, Janna Berry, LeeAnn Cheadle, Jacob Kersey, Derek Bramlett, Sharon Nunley, Lindsay Romine, Ron Ingram, John Bland, Dyan Heard, Stephanie Nichols and Valerie Petty. Student Member Present: Alyssa Leatherman. Larry Treadway, and Anna Shaw not present.
- Minutes: Members reviewed minutes from May 13, 2015 meeting. Bramlett motioned to accept and Ingram seconded.
- Old Business: Fitness tips have been added to school menus and newsletter. Tips provided by Coach Janna Berry.
- Free Summer Food Program was successful feeding 45 to 100 plus children. Adults were not able to participate in the program. The program began at the end of the school year and ended on August 1, 2015.
- Summer workout program was provided throughout the summer except for dead period, by Jacob Kersey. The main participants were the Junior High Volleyball players and the cheerleaders.
- New student Member was added, Alyssa Leatherman.
- New Business: Welcomed new members: Alyssa Leatherman, Dyan Heard, and Stephanie Nichols.
- School Flu Clinic will be offered to all staff and students on Thursday, October 29, 2015. It was noted that the numbers of High School students participating in the Flu Shot Clinic is greatly reduced from the rest of the school.
- Mrs. Shaw and Mrs. Nichols are currently reviewing the shot records of all students to make sure all are up to date.
- A Health Fair was suggested by Mr. Belcher for the staff to check blood pressure, sugar etc. Stephanie Nichols is going to check try to arrange this event. Would include around 130 participants.
- Mr. Belcher discussed a Federal Grant that Walnut Ridge, Hoxie and Imboden are participating. It is the Farm School Grant. This grant allows the students to grow seasonal food to be used in the cafeteria. Currently, lettuce is being grown.
- Wellness Committee tentative meeting schedule is as follows:
November 11th / February 10th / April 13th Lunch served at 11:45 A.M.
- Motion to adjourn by Romine and seconded by Bland.
- Kersey made motion to adjourn and Ingram seconded.